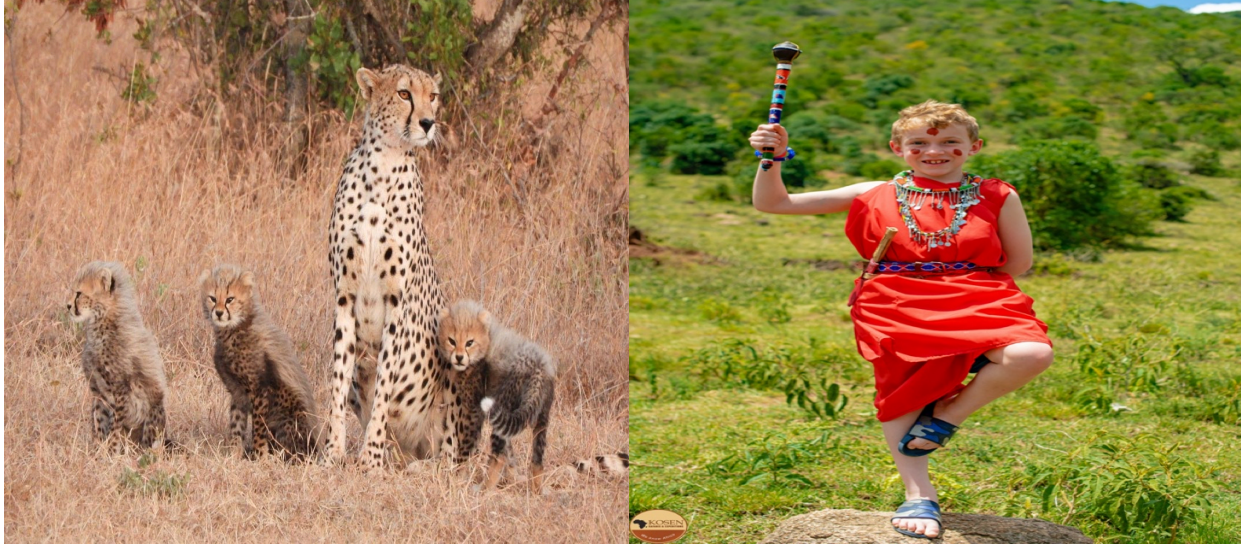


BEYOUTIFUL YOGA IN THE WILDS OF AFRICA

PRIVATE SAFARI

NOV 2024



This Yoga safari has all the ingredients required to create a safari masterpiece with unparalleled services at intimate camps and lodges, pristine locations that are devoted to preserving Africa's wildlife and photographic opportunities galore, all perfectly paced and ready to be enjoyed. Travel in style on board our top-of-the-line Toyota Landcruiser and enjoy the perfect mix of indulgence and convenience, with personalized service, luxurious accommodations, and authentic African safari experiences.

The breathtaking savannahs of East Africa offer the ideal environment for inspirational yoga practices. Exploring this unforgettable experience will impact your life forever. The animals, the people, the environment, the sounds, the smells, the camps, the ability to do yoga in this place bring us all to a more focused spirit and connection.

Mimi emphasizes deep spaces of calm and connection with the land through mindful movement, meditation, and pranayama, guided and inspired by the rich imagery of the natural wilderness. Participants will wake each morning to a yoga practice that awakens and focuses the senses for their amazing day's exploration and will close the evening with a practice for surrendering into balance and relaxation. morning yoga to the rising sun and sounds of lions; afternoon yoga in the savannahs with grazing zebras in the background; yoga in the Sands River, yoga with the Maasai Warriors; and much more. There really are no words that can match the experience of this adventure.

Please Join Mimi Vimont owner of Beyoutiful Yoga and Kosen owner of Kosen Safaris Africa on this once in a lifetime Yoga retreat in the Wilds of Africa.

DAY 1 & 2:
NAIROBI KENYA

You begin your safari with a warm welcome upon touchdown by your Kosen Safaris Tour Director who together with your driver and guide will transport you to your luxury hotel to relax and recharge during your stay in Kenya's capital. 2 hot yoga classes will be available during to your stay in Nairobi.

DINNER & OVERNIGHT- EMARA HOTEL
MEAL PLAN-B & B



DAYS 3 & 4:
OL PEJETA CONSERVANCY

Rise early and drive to the private Ol Pejeta Conservancy, the largest black rhino sanctuary in East Africa. Begin your wildlife viewing right from your luxurious tented camp - its waterhole attracts a wide variety of game day and night. This afternoon, hop aboard an open-topped safari vehicle with your knowledgeable Kosen safari guide to spot both the endangered black and northern white rhino and their fellow brethren of the Big Five. The density of wildlife here is greater than any of Kenya's national parks. While further tracking the rhinos, your guide will point out other rare species including Grevy's zebra and the Jackson's hartebeest. Visit the Chimpanzee Sanctuary, the only sanctuary for chimps in Eastern Africa, and learn about its mission to provide lifelong refuge to orphaned and abused chimpanzees from central and Western Africa. In the evening gather for sundowners and take in the stunning views of Mount Kenya.

OVERNIGHT- THE RIVER CAMP.

MEAL PLAN-FULLBOARD

<https://www.rivercampolpejeta.com>

DAY 5 & 6:

SAMBURU GAME RESERVE

This morning follow in the soft tracks of the elephants as you move north to the arid Samburu Reserve. In the afternoon meet your guide for a game viewing drive along the life-giving river. Watch out for crocodiles sharing the banks with elephants, lions, buffalo and even the leopard comes down to drink. Encounter the red-robed Samburu people, still practicing their ancient ways.

While exploring with your guide on morning and afternoon game viewing drives, continue to build your gallery of photos as you spot the rare wildlife only found north of the equator, the special 5- Reticulated giraffe, Grevy's zebra, Beisa Oryx, the Gerenuk and Somali ostrich.

OVERNIGHT-ELEPHANT BEDROOM CAMP OR SIMILAR

MEAL PLAN-FULLBOARD

<https://www.atua-enkop.com/elephant-bedroom-camp>



On this day, you will also have a chance to visit a Samburu village and mingle with the tribe as you learn more about their fascinating culture and traditions. Feel free to join the young Warriors jumping and the women dancing as they celebrate your visit. The Samburu people are the cousins of the Maasai tribe and they share the same customs and traditions.

DAY 7:

FAIRMONT MT KENYA SAFARI CLUB

After a leisurely breakfast, you will drive back towards Mt Kenya region and into the world renown Fairmont Mt Kenya safari club. With magnificent views of majestic Mount Kenya, set in over 100 acres of landscaped gardens, this resort offers a unique blend of comfort, relaxation, and adventure. It's no wonder it has emerged a winner in the 2013 Travelers Choice Awards and that Travel & Leisure Magazine often positions it in the 'World's Top 50' List. Originally the retreat of movie star and Club founder, William Holden, the Club's illustrious former members have included Winston Churchill and Bing Crosby.

Extra activities include horseback riding, fishing, game drives, visit to the animal orphanage, croquet, golfing, and nature walks.

OVERNIGHT-FAIRMONT MT KENYA SAFARI CLUB

MEAL PLAN-FULLBOARD

DAY 8 & 9:

LAKE ELEMENTAITA / LAKE NAKURU NATIONAL PARK

Uniquely situated on the shoreline of sapphire-blue Lake Elementaita where hundreds of thousands of birds congregate, is the small and exclusive Lake Elementaita luxury Camp. This area of breathtaking beauty, also home to many rare species of animals, is less than 3 hours' drive from Nairobi. Evocatively styled to echo the area's rich history, the camp blends aristocratic elegance with modern luxury and will offer cuisine and service of fittingly high standards. The Park protects over 450 bird species and 15,000 wild animals. Rothschild giraffes have found a safe haven for breeding here, while a diverse variety of terrain shelters many species from herds of giant elands to tiny dik-diks and cliff-dwelling klipspringers.



The following day, you will drive deeper into the park for a game viewing drive. Lake Nakuru National Park is a designated rhino sanctuary, and it is one of the best places in Kenya to observe them. Both black and white Rhinos thrive here. Besides the greater and lesser flamingos, the park is home to many other birds' species including, the Great Crested Grebe, the black necked Grebe, little Grebe, Pelicans, Cormorant, African Darter, Egyptian Geese, night Heron, Fish Eagle, grey Heron, Marabou stork, Sacred and Hadada Ibis. Waterbucks are usually sighted along the lake shore, and this is the home of the Rothschild's giraffe. Baboon, impala, buffalo, monkeys, warthog, impala, reedbuck, and eland are also resident here. After the game drive return to the camp for lunch. Spend the rest of the afternoon at leisure to enjoy the Camp facilities such as swimming. ***Nature walks, Biking, horseback riding safari and boat safaris are available at extra cost.***

**DINNER & OVERNIGHT- LAKE ELEMENTAITA LUXURY CAMP
MEAL PLAN-FULLBOARD**

<https://www.serenahotels.com/elmenteita>

DAY 10:

VISIT ESUPETAH PRIMARY SCHOOL

After a leisurely breakfast we will drive South through some of the most breathtaking landscapes and into Esupetah Primary School. Here BEYOUTIFUL HOT YOGA has partnered with Kosen Safaris and Expeditions to help with the needs at this school. The first project in May will be building a dormitory and beds.



Join the kids in a soccer game or join them in planting trees or be a teacher for the day and many more fun activities that can be customized to suit your schedule. After the school visit the Kosen Family will host you for lunch which will include some Kenyan food.

OVERNIGHT- MARA FRONTIER

<https://www.marafontierhotel.co.ke/>

MEAL PLAN: BED & BREAKFAST



DAY 11:
OUT OF AFRICA

Spend this last morning in Narok admiring the unspoiled Africa as you prepare to return to Nairobi. Bid farewell to the school staff and the students you met here in Kenya. Arrive in Nairobi in the afternoon, the rest of the day at leisure. Later in the evening you will be transferred to the airport for your flight back home.

MEAL PLAN: BREAKFAST

END OF SERVICES

PACKAGE PRICE:
\$5775 PER PERSON SHARING
\$6995 PER PERSON IN SINGLE ROOM

A USD \$ 1700.00 per person-non-refundable deposit is due at the time of registration to secure your spot. Final payment will be due 60 days before the commencement of the safari.

We highly recommend trip and cancellation insurance.

PACKAGE PRICE INCLUDES:

- Bed and breakfast in Nairobi with all meals on safari
- Luxury accommodations throughout your safari
- Unlimited supply of bottled water in safari vehicles
- All transfers as indicated in the itinerary.
- All Government taxes and fees.
- Evacuation insurance to a Nairobi hospital (transport only – Cost of hospitalization NOT included)
- Services of an English-speaking driver/guide.
- Guaranteed window seating throughout the safari
- All National Park fees, conservancy fees and hotel taxes.

PACKAGE PRICE EXCLUDES:

- Visas
- Travel Insurance
- Day room in Nairobi on the last day.
- Personal purchases (such as curios, telephone calls, internet,
- Gratuities for the guides, staff at accommodations,
- Optional extra activities (balloon rides, walking safaris, etc.)
- Pre- and post-safari tours
- Meals or accommodation before or after the safari
- International flights/Local flights

Please note.

Traveling in remote locations can present challenges that may require slight changes to the itinerary. We will always try to run the tour as the initial itinerary. In the event, beyond our control, such as political unrest, natural disasters, overbooking by the lodge, where a change is required, we will do our best to keep you close to the original location. It is our intention for you to have the best possible experience. We will try to notify you of any changes as soon as we are made aware of them. If, however these changes cause an increase to the price, the increase will be passed onto the participant.



www.kosensafaris.com

